



ELIM SOCIETY FOR SENIORS CITIZENS' CARE

Operating Balmoral House and Elim Village in Lethbridge for Christian Seniors

GARDEN CREW KEEPS ELIM VILLAGE IN KALE FOR THE WINTER

A great crop of kale and a great bunch of gardeners have filled the freezer at Elim Village with enough kale for a winter's worth of stamppot! Kale stamppot is a new dish for head chef Sarah Hall and full time cook Sandra Kachmarski, who do not come from Dutch backgrounds. And then there is Dutch meatball soup and boterkoek! Says Sarah, "We are learning a host of new recipes, and it's interesting and very tasty. It's wonderful to see the Dutch residents thoroughly enjoying their native cuisine". Thanks to Oenze Plantinga and his garden helpers for not only the kale but all the other fresh vegetables as well



NEW HEAD CHEF COMPLETES HER FIRST MONTHS



It has been a steep learning curve for Sarah Hall, Elim Village's new head chef, who was promoted to the position in early July after our previous head chef, Katie Bretherick, "retired" to be a stay-at-home mom. Katie was instrumental in getting the Elim Village kitchen up and running, and in setting the standard of good, nutritious cooking that continues today. "I had a really good example in Katie", says Sarah, "and I am really happy to take on the challenge". Sarah has her Red Seal from Lethbridge College and has worked in kitchens for over five years. She and her team of cooks and servers are looking forward to the new fall menu just rolled out last week.

YOUR SUPPORT KEEPS US ENCOURAGED AND AFLOAT!

Thank you for your prayers and financial support through donations and loans. The Society provides a wonderful example of Christian service in our communal care of seniors. We honor their years of service and faith.

BALMORAL HOUSE NORTH SIDE GETS UPGRADES

If you have driven past Balmoral House lately, you will have noticed new white siding and new patio/balcony doors on the north side of the building. While a little smaller than the old doors, residents are pleased with their light weight, easy operation, and air tight quality. Indeed, a few residents have already asked to have the heat lowered in their apartments! “We hope that not only will the new doors look attractive, but we are also hoping to see a reduction in our heating costs as we move to newer entrances,” says Gerald Hendriks, building manager. The initiative is part of a continuing plan to keep Balmoral House in good condition. New efficient outdoor lighting has also been installed.



BALMORAL HOUSE LAUNDRY ROOM AND LIBRARY ROOM GET FACELIFTS

It is amazing what spackle, paint and elbow grease can do for rooms that are starting to look shabby and old! Mary and Gerald Hendriks added sparkle to the two rooms on the main floor with fresh new coats of paint and a few decorative touches. Next time you are at Balmoral House, check out their handiwork.



ELIM VILLAGE DINING ROOM AND GRAND HALL GET IMPROVED AIR HANDLING

In an effort to cut down drafts and to make the dining room and the Grand Room more comfortable for residents, ductwork has been added that will diffuse the air flow, thanks to the work of AirTech Heating & Cooling. Bill Kooiker, building maintenance, says the work has made a marked difference to the amount of air movement and drafts during meals and social events in the Grand Room.

ELIM SOCIETY BOARD APPROVES ABUSE AND HARRASSMENT POLICY

The Board of the Elim Society recently developed an extensive abuse and harassment policy as required by law and by our insurers. The policy will require that staff and volunteers are fully aware of their responsibility to keep our residences safe and to behave in ways keeping with our Christian values. We would hope that we find very little cause to implement its provisions! The policy requires annual training in elder abuse prevention, identification, and investigation for all staff members and volunteers. Please contact the Elim office if you are interested in seeing a copy of this policy.

Your comments and questions are always welcome! Call the society office at (403)715-1929 or email us at elimsocietylethbridge@gmail.com